



# MASSAGES

## Anti-stress

The perfect introductory oil massage, for those who are high on stress or are short of time; focusing on the back, neck and shoulders to relax this particularly tension-filled area.

✦ *Duration : 30 mins Bht. 700.00++*

## Indian Head

Start off with a relaxing sensation as warm virgin oil is poured on the scalp, followed by an invigorating head massage. Not only is this massage relaxing, but it also nourishes the scalp and hair follicles.

✦ *Duration : 30 mins Bht. 700.00++*

## Boran or Thai Massage

Originating some five thousand years ago, this Thai massage, is performed on the application of pressure, gentle stretching of the muscles, and acupressure to stimulate the energy meridians of the body.

✦ *Duration : 60 mins Bht. 1,100.00++ / 90 mins Bht. 1,400.00++ / 120 mins Bht. 1,900.00++*

## *Benefits of Thai Massage*

- *Helps loosen joints, stretch and tone the body, induces a feeling of deep relaxation.*

## Swedish

An invigorating and relaxing massage that helps reduce stress soothes sore muscles and refines circulation.

✦ *Duration : 60 mins Bht. 1500 ++ / 90 mins Bht. 1,800.00++*

## Sport

An absorbing muscle massage that combines all forms of massage to loosen tight muscles.

✦ *Duration : 60 mins Bht. 1,400.00++*

## *Benefits of Sport Massage*

- *Works with the body's innate healing mechanism to manipulate damage tissue and stimulates blood tissue promoting recovery.*

**All of the above rates are subject to 10 % service charge and relevant current Government tax applications**



# MASSAGES

## Aromatic

Our massage uses palms and fingertips to apply pressure that flow rhythmically from one to the other to stimulate blood circulation, relieve tightness and promote relaxation. The oil enriches the skin and combines with the massage techniques to refresh and renew the body.

✦ *Duration* : 60 mins Bht. 1,500.00++ / 90 mins Bht. 2,000.00++

### *Benefits of Aromatic Massage*

- *Perfect for stress relief, while oil heal by therapeutically stimulating the olfactory senses, circulatory and respiratory functions.*

## Fusion

Our signature massage is a combination of various massage techniques. Involving varied pressure techniques and muscle stretching to loosen tight muscles and reduce fatigue whilst improving circulation.

✦ *Duration* : 90 mins Bht. 2,200.00++

## Lymphatic Drainage Massage

This massage for detoxifying increases blood and lymphatic circulation. Ideal for anyone on our detox; this is a special massage performed with detoxifying blend of pure natural oil to gently stimulate and heal the body system.

✦ *Duration* : 90 mins Bht.2,200.00++

### *Benefits of Lymphatic Drainage Massage*

- *Helps to reduce fluid retention and cleanse toxic build up; making it an ideal adjunct to slimming.*

## Pregnancy Nurturing Massage

The nine-month journey is a special time; connecting with the mother through the power of touch, working with two heartbeats as one. Combines tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. The massage includes the whole body excluding the abdominal and lower back and it helps to relieve tension in lower and upper back and alleviate any swelling in the feet while easing the mind and uplifting the spirit.

✦ *Duration* : 90 mins Bht. 2,200.00++

All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# MASSAGES

## Hot Stone Massage

Smooth, water- heated basalt stones of varying sizes are rubbed and placed on key points of the body. The direct heat relaxed muscles and uses traditional strokes of Swedish massage of a deeply soothing, relaxing massage.

🌿 *Duration : 90 mins Bht.3,000.00++*

### ***Benefits of Hot Stone Massage***

*Assists with muscular aches, poor circulation, rheumatic and arthritic conditions, anxiety, tension, insomnia and depression.*

## Foot Reflexology

The ancient Chinese art of healing using pressure point massage techniques, mainly on the feet to remove blockages, restores the flow of energy and addresses overall health problems. It works on the principle that the foot is a map of the body so reflex points on the feet correspond with our organs, glands and other body parts.

🌿 *Duration : 60 mins Bht.1,200.00++*

### ***Benefits of Foot Reflexology***

*It brings about balance where there is imbalance, stimulates the body's natural self – healing abilities and alleviates pain.*

## Foot Spa

A pampering session; commencing with a foot soak in warm water with essential oils followed by sesame foot scrub that removes all rough and callused skin. Followed by foot mask with a freshly blended natural herbs. Continued by a slow and intense foot massage, and a sesame heat compress.

🌿 *Duration : 90 mins Bht.1,900.00++*

## Thai Herbal Heat Compress Massage

A traditional herbal recipe of steaming plai, tamarind, turmeric, bergamot, camphor and lemon grass in a cotton poultice that is applied directly to the body. Through massage, the herbs will penetrate the skin and relax aching muscles.

🌿 *Duration : 60 mins Bht. 1,200.00++*

**All of the above rates are subject to 10 % service charge and relevant current Government tax applications**



# BODY SCRUBS

A Scrub is a 30 – 40 minutes body exfoliating treatment which is best performed before a body wrap or body massage. Therapist applies a product onto the skin which is rubbed in to remove the outermost layer of dead skin cells leaving the skin feeling velvety soft. The treatment ends with a shower or bath to rinse off the product's residue.

## Natural Thai Herbal Scrub

A refreshing natural scrub of plai, honey, tamarind and bergamot to soften and rejuvenate the skin, followed by a lotion massage.

✦ *Duration : 60 mins Bht.1,600.00++*

## Coffee Scrub

This exfoliation ritual invigorates the skin and energizes your body. An exhilarating scrub blend that stimulates and refreshes while cleaning away dead skin. The treatment will finish with a soothing body lotion leaving the skin feeling clean and soft.

✦ *Duration : 60 mins Bht.1,700.00++*

## Chocolate and Almond Scrub

For centuries, Chocolate has magic to induce a state of self-satisfaction and well being. Once eaten the active ingredients of the Chocolate induces a feeling of satisfaction as various mood-elevating endorphins are released into the brain. While Chocolate is rich in fats it is also rich in essential nutrients like vitamin B, B2, potassium, magnesium, calcium and iron. Complete with body lotion to moisturize your skin, a soft glowing appearance is the result.

✦ *Duration 60 mins Bht.1,700 ++*

## Honey & Sesame Seed Scrub

An invigorating rather than relaxing route to soften skin. This body scrub ritual from Thailand exfoliates and polishes the body leaving the skin soft and shiny. When soaked Sesame Seed with Honey is applied on the body, your skin is nourished and moisturized. Responds well to all types of skin. Followed by a lotion massage to nourish and soften your skin.

✦ *Duration 60 mins Bht. 1,700 ++*

**All of the above rates are subject to 10 % service charge and relevant current Government tax applications**



# BODY SCRUBS

## Herbal Back Clean

An area we don't often see, or even think about most of the time. Your back can be an overlooked part of the body where the skin becomes clogged, dry and neglected.

Using a mask with premium grade Thai herbal, combined with cleansing oriental massage techniques, this treatment acts like a facial for the back, helping to cleanse and replenish, leaving your skin radiant and glowing (include a back massage )

✦ *Duration 75 mins Bht. 1,700 ++*

## Ao Thai Salt Glow

Specially blended essential oils and freshly grounded salts stimulate and cleanse the skin's pores; followed by a lotion massage that leaves one's skin as smooth as silk.

✦ *Duration : 60 mins Bht. 1,600.00++*

## Natural Thai Herbal Polish

An aromatic blend of Thai herbs that serves to stimulate one's senses as it exfoliates away dry, roughened skin generating a softer appearance.

✦ *Duration : 60 mins Bht. 1,600.00++*

## Cellulite Reduction

Our cellulite reduction process: This treatment produces a heat effect on the skin which stimulates the microcirculation of the blood and causes an in increased flow of blood around the cellulite tissue. We then add a wrap around area and finished by applying a firming gel.

✦ *Duration : 60 mins Bht. 2,500.00++*

\* *Series of 5 treatments : Bht. 11,250.00++*

All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# BODY WRAPS

A wrap is the application of a therapeutic product, such as a lotion, cream, special mud, and seaweeds, over the entire body (excluding the head). The body is then wrapped in either a plastic film and thermal blanket for 30 – 40 minutes (depending on the product and type of treatment) to keep the body warm and allow the skin to fully absorb its therapeutic benefits.

## *Benefits*

- *A detoxifying wrap uses seaweeds, white mud to stimulate the metabolic system, speeding its ability to carry away waste products.*
- *A hydrating wrap uses chocolate wrap and lotion to soften the skin, and stimulate circulation and relaxation.*

## **Natural White Mud Body Wrap**

A white mud, yoghurt, and turmeric nourished the skin, warm herbal wrap to increase circulation.

✦ *Duration : 60 mins Bht. 1,900.00++*

## **Chocolate Body Wrap**

Chocolate is now recognized for its anti-aging and toning properties, Chocolate rich in antioxidants for healing and overall wellness, soften your skin, plumps out wrinkles, tone the skin, plus endorphins, for mental uplifting.

✦ *Duration : 60 mins Bht. 1,900.00++*



**All of the above rates are subject to 10 % service charge and relevant current Government tax applications**



# BODY WRAPS

## Seaweeds Body Wrap

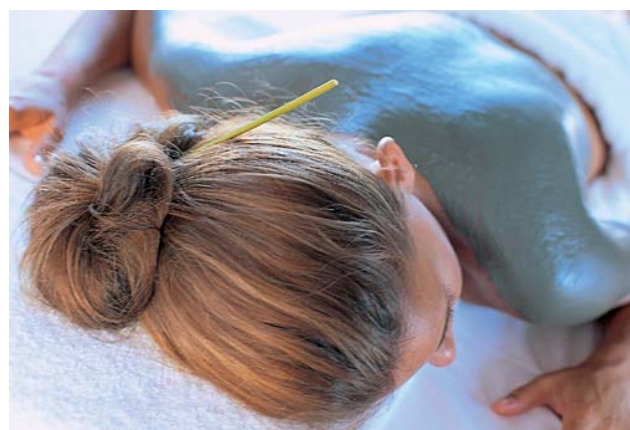
Our seaweed wrap is similar to the natural white mud wrap. The only real difference is that it's wrapped with a seaweed mud wrap that will increase your circulation.

*Duration : 60 mins Bht. 1,900.00++*

## Sunburn Soother

Fresh aloe vera with natural ingredients which are renowned for their hydrating and soothing properties which are ideal for sun-burned, irritated and weathered skin. It cools down the skin and reduces the body temperature as it generates new cell growth.

*Duration : 60 mins Bht. 1,900.00++*



All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# FACIALS



## *Elemis Spa-Therapy Menu*

Developed by a specialized team, with extensive clinical and scientific studies, Elemis professional spa-therapies are world renowned for their powerful massage sequences combined with the most dynamic actives, available in the world today. Escape from the pressures of daily life and make time for you.

### *Skin Therapy*

**Elemis Facials** provide the perfect skin maintenance, using exceptional skin conditioning plant actives to deeply cleanse the face, whilst renewing radiance and stimulating the skin for long-lasting, proven results.

Each superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy.

### **Elemis Advanced Anti-Ageing Facials**

#### **Tri-Enzyme Resurfacing Facial**

This ground breaking Anti-Ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75%\* and increase skin smoothness by up to 32%\* after just 1 treatment, this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.

Pioneering the precision layering of 3 targeted enzyme serums, this advanced resurfacing technique safely and effectively removes the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant bringing a renewed level of evenness and clarity to the complexion.

Note: not include facial massage

🌿 Durations: 90mins Bht 4,500.00 + +

Recommended: 1 treatment every 3 weeks.

All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# FACIALS



## Elemis Skin Specific Facials

### Elemis Fruit Active Glow

*For a powerful skin recharge, this facial will bring back the glow to tired, dull and lifeless complexions.*

Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful skin conditioning actives nourish and renew vital radiance.

✦ Durations: 60mins Bht. 3,300 + +

### Elemis Exotic Moisture Dew

*For skin in need of a super saturating moisture boost, this thirst-quenching facial is perfect.*

Following a deep cleanse and nourishing facial massage, the skin is fed with moisture loving actives that will bring back that healthy, dewy look to the skin.

✦ Durations: 60mins Bht. 3,300 + +

### Elemis Herbal Lavender Repair

For perfect restoration of skin balance, this facial helps to heal and repair oily and congested skin.

Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

✦ Durations: 60mins Bht. 3,300 + +

### Elemis Herbal Lavender Repair for Men

A perfect restoration of skin complexion cleanse for helps to repair oily and congested skin.

This Grooming facial works overtime to helps eliminate blocked pores, deeply cleansing to draw out skin impurities and helps reduce unwanted shine refine the pores, leaving the skin visible clear and clean.

✦ Durations: 60mins Bht. 3,300 + +

Recommended: 1 treatment every 3 weeks.

All of the above rates are subject to 10 % service charge and relevant current Government tax applications



**GUINOT**  
INSTITUT • PARIS

# FACIALS

## Facial Treatment by Guinot product

### Guinot Facial Treatments

Tiredness, Stress or passing time can contribute to loss of radiance. The complexion appears dull and congested. One Guinot Facial Treatment will remove dirt and dead cells and help the skin to breathe again. Facial Massage with Collagen and Ginseng extract to stimulate the blood circulation and make your skin tightened and firmed. Deep nourishing the facial with the mask cream and moisturizer according to the skin type. You will discover a fresh complexion, more beautiful and more radiant. Products made of exclusively selected plant extracts cater to our patrons' individual needs:-

- Soothing facial for sensitive skin
- Revitalizing facial for aged skin
- Nourishing and Radiance facial for dry skin
- Deep Cleanse and Purify facial for oily skin
- Lightening facial for pigmentation



 *Duration : 60 mins Bht.2,000.00++*

### Guinot Facial For Men

A treatment to eliminate the impurities, dead cells and excess sebum that dull the complexion. This treatment will cleanse and freshen, brighten the skin.

- \* To cleanse and exfoliate the skin by sodium laureth sulfate, coconut starch and microspheres of jojoba and silicon grains.
- \* To purify and tighten pores by birch extract.
- \* To moisturize and soften the skin by glycerin and microsphere of jojoba.

 *Duration : 60 mins Bht.1,900.00++*



All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# FACIALS

## Hydradermie Facial Treatment

Through the application of galvanic current to remove dirt and grime from the deep layers of skin and iontophoresis to induce hydrating gels; this deep cleansing facial speeds up cellular renewal and is suitable for the following skin types:-

- Normal - Dry
- Combination - Oily
- Sensitive
- Aging
- Whitening



*Duration : 75 mins Bht.2,500.00++*

## Super hydradermie face, bust and décolleté treatment

A revolutionary treatment that revitalizes, firms and moisturizes one's most delicate areas through an extraordinary activation system that increases the absorption of skin care ingredients.

*Duration : 120 mins Bht.3,000.00++*

## Super Hydradermie Face, Neck and Eye Treatment

A three-in-one facial treatment to cleanse, nourish and rejuvenate; whilst alleviating the fine lines and wrinkles around the eyes.

*Duration : 90 mins Bht.2,800.00++*

## Bust Hydradermie Treatment

Hydradermie massage application is used to penetrate active ingredients into one of the most delicate and sensitive areas – providing firming, shaping and toning effects.

*Duration : 75 mins Bht.2,500.00++ / 6 treatments : Bht.12,000++*

All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# BATHS

## Extra indulgences

- Thai herbal steam  
✦ *Duration : 30 mins 500.00++*
- Floral bath  
✦ *Duration : 30 mins 750.00++*
- Herbal bath  
✦ *Duration : 30 mins 750.00++*
- Hydrotherapy bath (Soak with healing salt)  
✦ *Duration : 25 mins 800.00++*



A special hydrotherapy bathtub, where the pressure exerted by water jets massages the body, provides an experience of weightlessness and relaxation.

## Benefits of Bath

Baths relieve general muscle tension and tiredness, improving the elimination of toxins and producing a general feeling of wellbeing.

All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# Packages

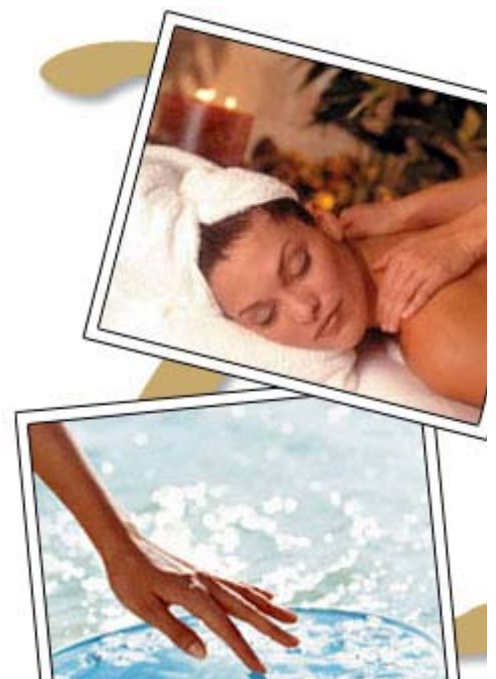
## Honey Moon package

Beginning with a vitalizing aromatic floral bath and followed by body polish, fusion body massage and Indian head massage; this treatment is completed with an aromatic facial; an idyllic sensation for lovers.

- |                       |           |
|-----------------------|-----------|
| - Floral bath         | - 30 mins |
| - Body polish         | - 45 mins |
| - Fusion massage      | - 90 mins |
| - Indian head massage | - 30 mins |
| - Guinot facial       | - 60 mins |

Duration **255mins - Bht 5,900.00++** per person

**Free healthy drink one glass for each person**



All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# Packages

## Serenity

- Natural Thai herbal scrub - 45 mins
- Thai white mud wrap - 45 mins
- Thai massage - 60 mins

**Duration** 150 mins - Bht 3,600.00++

---



## Bliss

- Herbal steam - 30 mins
- Thai herbal body scrub - 45 mins
- Swedish massage - 75 mins

**Duration** 150 mins - Bht 3,600.00++

---

## Euphoria

- Hydrotherapy bath - 30 mins
- Body polish - 60 mins
- Fusion massage - 90 mins

**Duration** 180 mins - Bht 4,200.00++

---



## Nirvana

- Hydrotherapy bath - 30 mins
- Thai white mud body wrap - 40 mins
- Aromatic massage - 80 mins
- Guinot facial - 60 mins

**Duration** 210 mins - Bht 5,300.00++

---

## Azure

- Hydrotherapy bath - 30 mins
- Herbal heat compress - 45 mins
- Foot reflexology - 40 mins
- Hydradermie facial treatment - 75 mins

**Duration** 190 mins - Bht 5,100.00++



All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# Beauty

## Hair Care

- Wash and blow-dry
- Female's Haircut 800.00++
- Men's haircut 600.00++
- Hair colouring - short hair 1,500.00++
- Hair coloring - long hair 1,800.00++
- Highlights - short hair 1,200.00++
- Highlights - long hair 1,600.00++
- Hair straightening - short hair 1,600.00++
- Hair straightening - long hair 2,200.00++
- Hair straightening - permanent short hair 4,500.00++
- Hair straightening - permanent long hair 6,000.00++
- Perm - short hair 2,800.00++
- Perm - long hair 3,300.00++
- Hair set 800.00++
- Plaiting - per plait 20.00++/30.00++
- Hair steam with conditioning - short hair 1,200.00++
- Hair steam with conditioning - long hair 1,800.00++
- Bride's make up 2,000.00++
- Bride's hair styling 2,000.00++

## Thai Baht

450.00 / 600++

## Nails, Hands & Foot Care

- Manicure 500.00++
- Manicure with paraf 800.00++
- Pedicure +
- Pedicure with paraff 950.00++
- Polish change 0++



## Waxing

All of the above rates are subject to 10 % service charge and relevant current Government tax applications



# Acrylic Nails

1. Acrylic Nails Fill Up Bht. 1,200 + +  
 Filling up the color on the top of the nails for already made acrylic nails.  
 การเติมโคน
2. Natural Form Bht. 2,000 + +  
 Acrylic nails polished with natural colors and nail-filed until nails are shiny.  
 ทำอะคริลิก ด้วยสีธรรมชาติ ไม่ทาสี แต่ขัดเงา ให้เรียบร้อย
3. Natural Nail Cover With Polish Bht. 2,000 + +  
 Acrylic nails, nail- filed until shiny and then polished with colors ( as per guest preferred color)  
 ทำอะคริลิก ด้วยสีธรรมชาติ แล้วทาสีทาเล็บตามแขกเลือกสี
4. Acrylic With Bogie Night One Colour Bht. 2,000 + +  
 Acrylic nails with bogie night colour (as per guest preferred color).  
 ทำอะคริลิก ด้วยสีโบกี้ สีเดียว แล้วแต่แขกเลือกสี
5. Acrylic With Bogie Night Two Colour Bht. 2,500 + +  
 Acrylic nails with bogie night 2 colour (as per guest preferred colour)  
 ทำอะคริลิก ด้วยสีโบกี้ 2 สี โดยไล่สี สีอ่อนตรงโคน และ เข้มตรงปลายเล็บแล้วแต่ แขกเลือกสี
6. Acrylic Nail Removal Bht. 850 + +  
 การเอาเล็บอะคริลิกออก

All of the above rates are subject to 10 % service charge and relevant current Government tax applications